Upcoming Events:
  • Thurs 21 March — Harmony Day
  • Fri 22 March — PRC Information session in library
    SRC Badging 2:10pm
  • Tues 26 March — Easter Celebrations
  • Wed 27 March — School Cross Country
  • Fri 29 March — Good Friday
  • Mon 1 April — Easter Monday
  • Wed 3 April — Stage 1 ‘Me Box’ presentation
  • Tues 9 April — Stage 2 Excursion
  • Wed 10 April — SRC Cake Stall
  • Thurs 11 April — ANZAC Day service
  • Fri 12 April — Last day of Term 1
  • Mon 29 April — Staff Development Day
  • Tues 30 April — Staff Development Day
  • Wed 1 May — Students begin Term 2

Morning Routines

Students are expected to arrive at school between 8.30 and 8.55 am. They can leave their bag at their classroom and then go to the western quad where the canteen is located. If your child arrives at school before 8.30 am then he/she must sit on the seats in the western quad and wait until the duty teacher arrives for duty at 8.30 am.

If your child arrives late and this is during fitness, then your child will need to get a late note from the office before joining the fitness group on the western quad. When fitness is over your child will return to their class.

NAPLAN

In our last newsletter I included information for parents on our upcoming NAPLAN testing that will be held in May.

All students are encouraged to participate in NAPLAN testing however students with a disability may qualify for adjustments which reflect the support normally provided in the classroom.

A formal exemption or withdrawal from NAPLAN testing may be granted with all exemptions or withdrawals to be lodged with the Principal by 30th April 2013.

Panthers on the Prowl

This year ten Stage 2 students have been chosen to attend the Panthers program which is currently running for the next three weeks. These students are chosen by their class teachers and the Stage 2 Supervisor.

There is a misconception that this program is for students with dubious behaviours, this is not true. This program is designed to develop students confidence, social, emotional and academic skills ensuring that they will make good life choices.

The children attend a normal classroom within the Centrebet Stadium with a qualified teacher. I look forward to the last Friday and celebrating the students graduation with them.

Mrs J Clack
Assistant Principal

Strong teaching and learning partnerships between our schools ensure each child the best start to high school.
Key WORD Sign

Finish/Done
Extend dominant thumb, fingers closed.
Rock hand formation from side to side.
Several times.

No/Not
Shake dominant fist, palm down, sideways.
In front of body.

Outside
Point dominant index finger, palm down.
Move away from body over the top.
Of barrier of open non-dominant hand.

Play
Simultaneously move both open hands.
Palms up, in outward circles.

Hat
Touch top of head with flat dominate.
Hand.

“Getting Started with Key Word Sign
(Auslan Edition)” Teena Calithness,
Elizabeth Brownlie and Karen
Bloomberg ISBN 978 09579099 5 3

See our latest
student video on
the Cambridge Park
Face Book Page

REMEMBER
Key Word Sign does not replace speech it assists it.
It is VERY important to say the word as you make the sign.

P&C Elected officers
The following people have been elected as the P&C Committee for 2013.

President Ms Nouha Abbas
Vice President Ms Sonia Thomson
Vice President Ms Mishelle Gray
Secretary Ms Rebecca Hackett
Treasurer Mrs Margaret Hackett
Uniform Officer Ms Rebecca Roberts

Strong teaching and learning partnerships between our schools ensure each child
the best start to high school.
Stage 1

Stage 1 had an enjoyable time visiting the Arms of Australia Museum at Emu Plains. The students learnt how different Australia and Penrith were long ago. This is part of the Unit “Our Family” which Stage 1 is studying this term. Also as part of this unit the students had to bring to school their “Me” box. This was to be filled with items that are important to them and their family. Students needed to bring their box to school by the 8th March. Some students still have not brought this in and need to do this as soon as possible. If you are unsure of what your child should have in their box please don’t hesitate to ask your child’s teacher. Parents are invited to view the student’s “Me” box in the hall on Wednesday 3rd April at 2.15. A note home to parents inviting them to the school will be sent out next week.

Mr D. Devitt
Assistant Principal

Early Stage 1

The children appear to be settling into school routines now. They have been learning about themselves, their families and their heritage. This unit was also appropriate for the theme of Harmony Week, “Everyone Belongs” being celebrated this term.

Easter is fast approaching with the school celebrations on Tuesday, 26th March. The school is holding an “Eggstravaganza” where students are to make an egg display on a theme for each stage. ‘Egg’ displays are to be made at home and brought to the school hall between 8:30 and 9:00 on the day. Please label the students creations with their name and class.

Students will be able to view the “Eggsibition” in class groups on the day.

Following are the categories:

Preschool & Kindergarten
Decorate an Easter basket using boiled or chocolate eggs OR choose a favourite teddy, doll or truck and decorate it with an Easter theme.

Years 1 & 2
Portray your favourite character from a book or nursery rhyme. This requires the entrant to decorate an egg as their favourite book or nursery rhyme character.

Mrs L. MacKinnon
Assistant Principal (relieving)

Win a $4,000 family holiday to the destination of your choice!

Please bring $2 donation drive envelopes to the office. Closing date for entries is Friday 14th May 2013. The winner will be drawn on Friday 24th May 2013 at Stewart House and will be contacted by telephone and mail.

Full terms and conditions for this competition are available on our website www.stewarthouse.org.au
“My Anzac Day Question”

Every year special guests from the Defence Force are invited to participate in the Cambridge Park Public School Anzac Day Service. This year members from the Army, Navy and Air Force are expected to attend as well as members of the National Service and Returned Servicemen Leagues.

Special guests such as these provide Cambridge Park Public School Students with a unique learning opportunity to engage with Anzac stories and experiences. This year we would like to capitalise on this occasion by giving our students a chance to ask our visitors a question relating to their involvement in the ANZAC spirit.

If your child would like to ask an ANZAC related question please help them to complete the slip below and return it to the administration office by Tuesday 2nd April 2013. Due to time constraints, only a select number of children will be chosen to ask their question on the day. Successful entries will be chosen based on originality and appropriateness.

“My Anzac Day Question”

Name: 

Class: 

My question for one of our ANZAC visitors is:

ANZAC Care Packages

Thank you to all the families who have donated items for our ANZAC Care Packages. We still have some boxes to fill before we send them to the service men/women. Below is a list of recommended items for the boxes. Please bring items to your class teacher before Friday 5 April, 2013.

<table>
<thead>
<tr>
<th>Food</th>
<th>Personal Items / Miscellaneous</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biscuits, Tim Tams (these are a particular favourite!!!)</td>
<td>Razor Blades</td>
</tr>
<tr>
<td>Confectionery, Mints</td>
<td>Deodorant (male/female)</td>
</tr>
<tr>
<td>Muesli Bars</td>
<td>Shampoo / Conditioner</td>
</tr>
<tr>
<td>Dried Fruit</td>
<td>Body Wash / Soap</td>
</tr>
<tr>
<td>Cereal (Sample Pack Size)</td>
<td>Hand Cream</td>
</tr>
<tr>
<td>Porridge Sachets</td>
<td>Antiseptic Cream/Liquid</td>
</tr>
<tr>
<td>Snack Pack Fruit in Juice</td>
<td>Band-Aids</td>
</tr>
<tr>
<td>Sml packaged Cakes/Bars</td>
<td>Zink / Sunscreen</td>
</tr>
<tr>
<td>Chewing Gum / Mints</td>
<td>Talcum Powder</td>
</tr>
</tbody>
</table>

Strong teaching and learning partnerships between our schools ensure each child the best start to high school.
Congratulations to all the new SRC members for 2013. These new representatives will be receiving their badges at a special school assembly this Friday 22nd March after recess. We are sure they will be great representatives for your classes, as we work together to fundraise and make decisions for the students of our school.

SRC and Stage 3 Cake Stall

Each term the SRC will be having a cake stall. They will be asking a different stage each term to supply the cakes, biscuits or slices to raise money for all the students in our school.

The cake stall for this term will be on Wednesday 10th April, the last week of term. The cakes will be on sale for all classes to buy during lunch time for 50c - $1.

All year 5 and 6 children are encouraged to help support us and bring your yummy cakes, biscuits and slices to Mrs Copeland’s room on this morning. (Home baked or made by the store is fine.)

If you have a child with any sort of food allergy please do not allow them to purchase from the stall. We cannot guarantee against specific ingredients.

Mrs Copeland
SRC Co-ordinator

<table>
<thead>
<tr>
<th>Quokkas-</th>
<th>Haylie &amp; Ellexcia</th>
</tr>
</thead>
<tbody>
<tr>
<td>Koalas-</td>
<td>Dawson &amp; Mikaela</td>
</tr>
<tr>
<td>Paper Daisies-</td>
<td>Tarndee &amp; Isaiah</td>
</tr>
<tr>
<td>Blue Tongues-</td>
<td>Malachi &amp; Jessica</td>
</tr>
<tr>
<td>Desert Peas-</td>
<td>Sylus &amp; Kate</td>
</tr>
<tr>
<td>Wallabies-</td>
<td>Tegan &amp; Adam</td>
</tr>
<tr>
<td>Geckoes-</td>
<td>Mariah &amp; Seth</td>
</tr>
<tr>
<td>Banksias-</td>
<td>Aaliyah &amp; Josh</td>
</tr>
<tr>
<td>Waratahs-</td>
<td>Alex &amp; Samantha</td>
</tr>
<tr>
<td>Cockatoos/Kingfishers-</td>
<td>Gabrielle &amp; Brandon</td>
</tr>
<tr>
<td>Dugongs-</td>
<td>Marshall &amp; Matthew</td>
</tr>
<tr>
<td>Tassie Devils-</td>
<td>Alyssa &amp; Jade</td>
</tr>
<tr>
<td>Sugar Gliders-</td>
<td>Reece &amp; Abbey</td>
</tr>
<tr>
<td>Cassowaries-</td>
<td>Olivia &amp; Ronan</td>
</tr>
<tr>
<td>Flying Foxes-</td>
<td>Jake &amp; Chloe</td>
</tr>
<tr>
<td>Bilbies-</td>
<td>Tayla</td>
</tr>
<tr>
<td>Sharks-</td>
<td>Raymond</td>
</tr>
<tr>
<td>Echidnas-</td>
<td>Matthew</td>
</tr>
</tbody>
</table>
EASTER ‘EGG’STRAVAGANZA 2013

Tuesday 26th March 2013

School Hall

All Students, Preschool to Year 6 are encouraged to participate in our Easter ‘Egg’stravaganza.

‘Egg’ displays are to be made at home and brought to the school hall between 8:30am and 9:00am on the day. Please label the students creations with their name and class.

Students will be able to view the Eggsibition in class groups on the day.

Categories:

Preschool & Kindergarten: Decorate an Easter basket using boiled or chocolate eggs OR choose a favourite teddy, doll or truck and decorate it with an Easter theme.

Years 1 & 2: Portray your favourite character from a book or nursery rhyme. This requires the entrant to decorate an egg as their favourite book or nursery rhyme character.

Years 3 & 4: Portray your favourite sports person or television character. This requires the entrant to decorate an egg as their favourite sportsperson or television character.

Years 5 & 6: Eggs-ceptional eggs. This requires entrants to create an egg model using an “egg” word as its theme. E.g. Eggs-am (exam); Eggs-cited (excited) etc.

Presentations & Awards:

Eggs may be hard boiled or blown. To blow eggs, a hole, a little larger than a pin hole is required in each end of the egg. The contents are removed by blowing fiercely into one end. Models may be presented in either an egg cup or regular sized shoe box.

Mascots from AMF Bowling Centres and Go Bananas are coming to join the fun, judge the eggsibition, award prizes and draw the Easter raffle. All entrants will receive a participation award.

Viewing & Collecting Models:

Parents are invited to view the display between 10:30 am and 11:00am on the day. Preschool students who do not attend on Tuesdays are welcome to visit the ‘Eggsibition’ with their parents. The P&C will be running a sausage sizzle and a cake stall on the day.

P&C Show bags and Eggsibition prizes will be delivered to classrooms after recess for the students to take home.

Students will be able to collect their models from the hall between 2.50pm and 3.00pm.

Mrs Spry
Organising Teacher

Strong teaching and learning partnerships between our schools ensure each child the best start to high school
Helping kids connect across cultures

"Would you like to come to my party?" Ella asked Sefra. "It's on Sunday in two weeks."

"Thanks Ella, I'll ask my parents if I can come," said Sefra.

Sefra wanted to go to Ella's party, but it was at the same time as her weekly language class. Sefra's parents always told her how important it was to keep up her culture and language. Would they let her miss the language class and go to Ella's party instead? Sefra hoped they would.

Though she was excited about the party, Sefra also felt nervous. Not everyone who might be going was as good a friend as Ella. Some children in Sefra's class teased her because she didn't look or speak like they did. They stopped when Ella told them not to be mean, but it still hurt.

Sefra hoped the other children at the party would be friendly and play with her.

Being part of two cultures

Being part of two cultures can get complicated at times. Children may find there are differences in values and expectations. Sometimes there might be difficult choices. When different sets of expectations don't match, it can make it hard for children to feel like they fit in.

In addition, children who are seen as different are sometimes not respected by others. Being teased or bullied for being different makes 'fitting in' especially difficult. When this occurs it can lead children to feel anxious and isolated. This can have very negative mental health effects.

By working together, schools and families can help children from all cultural backgrounds to understand, respect and appreciate cultural differences. When adults behave in ways that are open and accepting it can help to teach children to respect and embrace cultural differences.

Everybody needs to feel accepted, respected and included. Feeling welcome and at home in both cultures is very important for positive mental health.
Parenting is rarely easy.

Being a parent in a new country has added challenges. Just as it can be difficult for children to learn to be part of two cultures, learning to parent ‘between’ cultures can be stressful for families too. Taking a ‘best of both’ approach can help you work out ways to adapt your parenting to suit your child’s needs, and your own.

Things parents and carers can do

- Tell your children stories that help to share a sense of pride in your culture.
- Talk to children about the Australian cultural values you appreciate. This will help them see how they can be part of both cultures.
- Seek support and advice from people you trust. Talking with relatives and friends who understand your values can help you think through the different problems you might face as a parent.
- You can contact your child’s school if you have any questions about your child or their education. Schools welcome questions from parents and carers.
- Take an active interest in activities at your child’s school. Get to know your child’s teacher and look for ways to get involved at school, for example, by helping in the classroom or by joining parent working groups.
- If children complain of being teased or bullied be sure to tell your child’s teacher so the school can take action to stop it.

Things schools can do

- Provide opportunities for students to express and listen to different cultural perspectives.
- Ensure students know that racist comments and behaviour are not acceptable.
- Talk to parents, carers and families about their cultural values and needs.
- Respect individual differences - don’t assume that membership of a cultural group means everyone has the same values and needs.
- Invite family members into the classroom to observe and participate.
- Provide information and school correspondence in appropriate languages for parents and carers.
- Work with interpreters or multilingual aids to ensure accurate communication with parents or carers whose English language skills are limited.
- Encourage social opportunities for parents, carers and families to support and learn from each other.
- Link with local agencies who can provide culturally appropriate support and assistance.

For further information about children with cultural diversity and children’s mental health problems see the accompanying KidsMatter list Cultural diversity and children’s wellbeing – Other resources. For information about teaching children how to include and respect others see the KidsMatter Information sheet titled Learning to value others.

The following web pages may also be of interest:

www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=286&id=2345#1
http://raisingchildren.net.au/articles/raising_a_child_in_a_different_culture.html?highlight=culture

This resource is part of the KidsMatter Primary initiative. The team at KidsMatter welcomes your feedback at www.kidsmatter.edu.au
No smoking near children’s outdoor playground equipment

Section 6A of the Smoke-free Environment Act 2000 makes a number of outdoor public places smoke-free.

From 7 January 2013, smoking is banned within 10 metres of children’s play equipment in outdoor public places in NSW.

The Act applies to children’s play equipment in local parks and reserves as well as play equipment at fast food outlets, eateries, sporting venues and licensed premises.

The Act does not apply to:

- playground equipment that is in a private backyard or facility; or
- the rest of the park or reserve in which a playground is situated (unless the council has instituted such a ban under the Local Government Act 1993).

Will there be signage to indicate where smoking is not permitted?

Because of the variety of configurations of public playgrounds, the law does not require signs to be displayed to indicate that smoking is not permitted within 10 metres of the playground equipment. However, ‘No Smoking’ or ‘Smoking Prohibited’ signs may be erected to indicate that smoking is not permitted within 10 metres of the playground equipment. Appropriate signage will be made available by NSW Health for this purpose.

How will this be enforced?

NSW Health is responsible for the administration and enforcement of the Smoke-free Environment Act 2000. NSW Health Inspectors are authorised to enforce the ban near children’s playground equipment in outdoor public areas.

Penalties of up to $550 apply for anyone who fails to comply with the law.

Why is this new law in place?

Public parks and playgrounds often attract large numbers of people, particularly families with children.

There is no safe level of exposure to second-hand tobacco smoke. This is the smoke which smokers exhale after inhaling from a lit cigarette.

In adults, breathing second-hand tobacco smoke can increase the risk of cardiovascular disease, lung cancer and other lung diseases. It can exacerbate the effects of other illnesses such as asthma and bronchitis. Exposing ex-smokers to other people’s tobacco smoke increases the chance of relapsing to smoking.
For children, inhaling second-hand tobacco smoke is even more dangerous. This is because children's airways are smaller, and their immune systems are less developed, which makes them more likely to suffer negative health consequences of second-hand tobacco smoke such as bronchitis, pneumonia and asthma.

Creating smoke-free outdoor areas such as playgrounds can provide a supportive environment for those who have quit and make smoking less visible to children and young people.

**How does this affect Local Council bans on smoking?**

Many NSW councils, under the provisions of the *Local Government Act 1993*, have progressively introduced their own smoking bans. Where these bans are in place, they can continue to be enforced by Local Council rangers.

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**For more information**

Please contact the Tobacco Information Line on **1800 357 412** or visit the NSW Health website: [www.health.nsw.gov.au](http://www.health.nsw.gov.au).

The Tobacco Information Line can be accessed by non-English speaking people via the Translating and Interpreting Service (TIS) on 13 14 50.

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**University of New South Wales International Competitions 2013**

The University of New South Wales International Competitions are offered to students 3-6. This year competitions are offered in the following areas: Computer Skills, Mathematics, English, Spelling, Writing and Science.

If you wish your child to be involved in these competitions please fill in the form below and return to the office with payment by Friday March 29th.

Mrs Spry
Organising Teacher

Name: _____________________________________________ Class: ___________________

Please tick which competitions you wish your child to be involved in.

<table>
<thead>
<tr>
<th>ICAS Subject</th>
<th>2013 Entries Closing</th>
<th>2012 Test Date</th>
<th>Entry Fee per student</th>
<th>Tick</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Skills</td>
<td>29 March</td>
<td>Tues 23rd April</td>
<td>AUD $8.80</td>
<td></td>
</tr>
<tr>
<td>Science</td>
<td>29 March</td>
<td>Tues 8th May</td>
<td>AUD $8.80</td>
<td></td>
</tr>
<tr>
<td>Writing</td>
<td>29 March</td>
<td>Mon 20th May</td>
<td>AUD $18.70</td>
<td></td>
</tr>
<tr>
<td>Spelling</td>
<td>29 March</td>
<td>Tues 21st May</td>
<td>AUD $12.10</td>
<td></td>
</tr>
<tr>
<td>English</td>
<td>29 March</td>
<td>Tues 3rd July</td>
<td>AUD $8.80</td>
<td></td>
</tr>
<tr>
<td>Mathematics</td>
<td>29 March</td>
<td>Tues 16th July</td>
<td>AUD $8.80</td>
<td></td>
</tr>
</tbody>
</table>
For your convenience when your child is absent from school please complete the note below and return to your child’s teacher.

**ABSENCE EXPLANATION NOTE**

- **STUDENT’S NAME** ............................................................ CLASS........................

- **DATES OF ABSENCE** .........................................................

- **REASON** ................................................................................

- ........................................................................................................

- **PARENT/CAREGIVER’S NAME** .................................................

- **SIGNED** .......................................................... **DATE** ................................

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